

HEALTH TECHNOLOGY QUESTIONNAIRE				
Please rate how much you agree or disagree with the following statements by circling a number from 1 to 5	Strongly Agree	Agree	Neutral or No Opinion	Disagree
1- I am too busy to use a system like this.	1	2	3	4
2- The system worked without any problems for me.	1	2	3	4
3- The system criticized me for not meeting my [health behavior] goals.	1	2	3	4
4- The Users' Manual was confusing.	1	2	3	4
5- I prefer a human counselor to a computer.	1	2	3	4
6- The system had me report to it regularly about my [health behavior].	1	2	3	4
7- I like that I am able to use the system any time I like.	1	2	3	4
8- The system broke down frequently.	1	2	3	4
9- I had trouble remembering to use the system.	1	2	3	4
10- The system set goals for me that I could not meet	1	2	3	4
11- I liked using the system because it took only a few minutes each time.	1	2	3	4
12- I could tell more to a person.	1	2	3	4
13- The Users' Manual was helpful.	1	2	3	4
14- There were too many problems with the system.	1	2	3	4
15- The system gave feedback about my [health behavior].	1	2	3	4
16- Not meeting the goals the system set was very frustrating.	1	2	3	4
17- Using the system as instructed was not a priority for me.	1	2	3	4

18- Trying to get the system to work was frustrating.	1	2	3	4
19- The choices I was given to answer questions were too limited.	1	2	3	4
20- The Users' Manual was easy to understand.	1	2	3	4
21- The system saves me from going back and forth to my doctor.	1	2	3	4
22- The system gave me feedback on my progress.	1	2	3	4
23- The system made me feel guilty about not achieving my goals.	1	2	3	4
24- The system had trouble understanding me.	1	2	3	4
25- I trust my own doctor more than the computer.	1	2	3	4
26- I often forgot to use the system.	1	2	3	4
27- The system tracked how I was doing.	1	2	3	4
28- Using this system helps reduce my visit time with my doctor.	1	2	3	4
29- Sometimes the system did not make sense.	1	2	3	4
30- The goals the system negotiated with me were too high to achieve.	1	2	3	4
31- I do not believe that a computer system can help me with my [health behavior].	1	2	3	4
32- The Users' Manual was easy to use.	1	2	3	4
33- Using the system was frustrating.	1	2	3	4
34- I felt embarrassed telling the system that I had not achieved my goals.	1	2	3	4
35- I do not trust my health care to an automated-system.	1	2	3	4

ID # _____

Initials _____

Strongly Disagree
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